

## Childhood Attachment Disruption/Disorder: A Symptom Checklist

Check appropriate indicator for each symptom displayed by child. Give brief description of child's behavior when moderate or severe.

	None	Mild	Moderate	Severe	Comments
1. Intense displays of anger (rage)	___	___	___	___	_____
2. Self destructive behaviors	___	___	___	___	_____
3. Destruction of property	___	___	___	___	_____
4. Aggression toward others	___	___	___	___	_____
5. Cruelty to animals	___	___	___	___	_____
6. Inappropriate sexual conduct and attitudes	___	___	___	___	_____
7. Victimized others (perpetrator, bully)	___	___	___	___	_____
8. Exploitive (manipulative, controlling)	___	___	___	___	_____
9. Argumentative – often over ridiculous things	___	___	___	___	_____
10. Bossy	___	___	___	___	_____
11. Severe need for control over everyone/everything	___	___	___	___	_____
12. Lack of impulse control	___	___	___	___	_____
13. Hyperactivity	___	___	___	___	_____
14. Preoccupation with fire, gore, or evil	___	___	___	___	_____
15. Lack of remorse and conscience	___	___	___	___	_____
16. Cannot tolerate limits and external control	___	___	___	___	_____
17. Frequently defies rules (oppositional)	___	___	___	___	_____
18. Consistently irresponsible	___	___	___	___	_____
19. Inappropriately demanding and clingy	___	___	___	___	_____
20. Persistent nonsense questions / incessant chatter	___	___	___	___	_____
21. Lack of cause and effect thinking	___	___	___	___	_____
22. Perceives self as victim (helpless)	___	___	___	___	_____
23. Grandiose sense of self-importance	___	___	___	___	_____
24. Presumptive entitlement issues	___	___	___	___	_____
25. Perceives others as unsafe, dangerous	___	___	___	___	_____
26. Not affectionate on parents' terms	___	___	___	___	_____
27. Lack of eye contact on parents' terms	___	___	___	___	_____
28. Superficially engaging and charming	___	___	___	___	_____
29. Indiscriminately affectionate with strangers	___	___	___	___	_____
30. Unstable peer relationships	___	___	___	___	_____
31. Lack of long-term friends	___	___	___	___	_____
32. Blames others for own mistakes or problems	___	___	___	___	_____
33. Triangulation of adults	___	___	___	___	_____
34. Stealing	___	___	___	___	_____
35. Deceitful (con artist)	___	___	___	___	_____
36. Lying about the obvious (crazing lying)	___	___	___	___	_____
37. False allegations of abuse	___	___	___	___	_____
38. Lacks trust of caretaking or control by others	___	___	___	___	_____
39. Victimized by others	___	___	___	___	_____
40. Marked mood changes	___	___	___	___	_____
41. Frequently depressed, sad	___	___	___	___	_____
42. Feelings of hopelessness	___	___	___	___	_____
43. Inappropriate emotional response	___	___	___	___	_____
44. Hoarding	___	___	___	___	_____
45. Abnormal eating patterns/habits	___	___	___	___	_____
46. Refuses to eat	___	___	___	___	_____
47. Gorges on food	___	___	___	___	_____
48. Hides food	___	___	___	___	_____
49. Eats strange things	___	___	___	___	_____
50. Sleep disturbance	___	___	___	___	_____
51. Enuresis (wets self)	___	___	___	___	_____
52. Encopresis (soils self)	___	___	___	___	_____
53. Developmental delays	___	___	___	___	_____
54. Learning disorders	___	___	___	___	_____
55. Language disorders	___	___	___	___	_____
56. Accident prone	___	___	___	___	_____
57. Avoids physical contact	___	___	___	___	_____
58. Isolates him/herself	___	___	___	___	_____

## Signs and Symptoms of Reactive Attachment Disorder in Infancy

Check appropriate indicator for each symptom displayed by infant. Give brief description of infant's behavior when symptom range is moderate or severe.

	None	Mild	Moderate	Severe	Comments
1. Withdrawn, sad and listless appearance	___	___	___	___	_____
2. Failure to smile	___	___	___	___	_____
3. Doesn't follow others with eyes	___	___	___	___	_____
4. Failure to reach out when picked up	___	___	___	___	_____
5. No interest in baby or interactive games	___	___	___	___	_____
6. No interest in playing with toys	___	___	___	___	_____
7. Engages in self-soothing behaviors rocking or self-stroking	___	___	___	___	_____
8. Calm when left alone	___	___	___	___	_____

## Risk Factors in Childhood Attachment Disruption

A child may be placed at risk for attachment disruption/disorder if any of the following conditions occurred during the first 36 months of the child's life. Place a check in either "yes" or "no" to reflect circumstances of child's life. Add comments as necessary.

	Yes	No	Comments
1. Unwanted pregnancy	___	___	_____
2. Maternal ambivalence	___	___	_____
3. Abused mother	___	___	_____
4. Premature birth	___	___	_____
5. Suffering a birth or prenatal trauma	___	___	_____
6. Pre-birth exposure to trauma, drugs, alcohol	___	___	_____
7. On-going maternal alcohol and/or drug use	___	___	_____
8. Parent/s with psychiatric diagnoses	___	___	_____
9. Parent/s with anger management problems	___	___	_____
10. Young or inexperienced parents – poor parenting skills	___	___	_____
11. Inconsistent, inappropriate or harsh care	___	___	_____
12. Parent/s, caregiver/s under or over stimulated child	___	___	_____
13. Parent/s, caregivers are isolated	___	___	_____
14. Significant family trauma, such as death or divorce	___	___	_____
15. Lack of attunement between mother and child	___	___	_____
16. Childcare on a time-scheduled	___	___	_____
17. Chronically depressed mother (postpartum depression)	___	___	_____
18. Neglect	___	___	_____
19. Physical abuse	___	___	_____
20. Emotional abuse	___	___	_____
21. Sexual abuse	___	___	_____
22. Abandonment	___	___	_____
23. Multiple caregivers	___	___	_____
24. Frequent changes in foster care providers	___	___	_____
25. Change in daycare providers	___	___	_____
26. Extreme poverty	___	___	_____
27. Separation from mother (illness/death of mother)	___	___	_____
28. Forced removal from neglectful or abusive home	___	___	_____
29. Lived in an orphanage	___	___	_____
30. Institutional care	___	___	_____
31. Adoption	___	___	_____
32. Ongoing, unrelieved pain (colic, hernia, ear infections)	___	___	_____
33. Prolonged hospitalization of child	___	___	_____
34. Traumatic medical intervention	___	___	_____
35. Failure to thrive	___	___	_____